

EMPOWERING NEXT GENERATION ADVOCATES FOR GLOBAL EDUCATION

ERASMUS+ COOPERATION PARTNERSHIPS IN YOUTH
REF. NO. 2024-1-R001-KA220-YOU-000250540



LITERATURE RESEARCH - TOPIC 9. Motivation strategies

Publications & articles

Title	Description	Language	Link
GEYC – Youth Motivation & Engagement Strategies	A program focused on leadership and motivational techniques tailored for youth leaders and NGO coordinators. It includes workshops on intrinsic vs. extrinsic motivation, emotional intelligence, and youth engagement.	EN	Link
Asociația D.G.T. – Motivational Practices in Youth Work (available via their project archives & training summaries)	Romania's national resource center for volunteerism runs regular workshops and training for youth workers on how to recruit, motivate, and retain volunteers.	RO	Link
Youth Motivation	Practical insights and community-based youth engagement strategies.	RO	Link
SALTO Inclusion & Diversity – Motivation in Youth Projects	A highly regarded Erasmus+ training course for youth workers and leaders, focusing on personal development, motivation strategies, and emotional resilience.	EN	Link
Youth Work Essentials – Council of Europe	Contains a chapter on youth motivation and involvement methods.	EN	Link



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LITERATURE RESEARCH - TOPIC 9. Motivation strategies

Guides, manuals & toolkits

Title	Description	Language	Link
GEYC – Volunteer Management & Motivation Manual	Practical tools for managing and motivating young volunteers.	RO / EN	Link
Pro Vobis – Motivarea Voluntarilor	A detailed Romanian manual on keeping youth engaged and inspired in volunteer projects.	RO	Link
Youth Leaders Manual	Guide for youth leaders on boosting youth participation and initiative.	RO	Link
Motivating Young People to Participate – Youth Scotland Toolkit	A manual that explores how to spark and sustain motivation among young people.	EN	Link
Motivational Strategies for Youth Leaders – Erasmus+ Training Output	Created during the “Lead with Heart” training course.	EN	Link
Leaders Foundation – Motivation in Leadership Programs	Toolkits on goal setting, engagement, and leadership.	RO / EN	Link
Romanian Red Cross Youth – Leadership & Motivation Kit	Provided during national workshops for youth trainers.	RO / EN	Link
Active Youth for Community	Tools for community project leaders to keep youth engaged.	RO	Link
SALTO Training Tools – Motivation Toolkit	Covers non-formal education, gamification, goal setting, and behavior incentives.	EN	Link
Youth Motivation Guide – European Training Course Output	Covers non-formal education, gamification, goal setting, and behavior incentives.	EN	Link
FA-SILLY-TATORS! - Exploring humour in non-formal education and youth projects	A toolkit on the use of humour to motivate participants and support learning.	EN	Link



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Guides, manuals & toolkits

Title	Description	Language	Link
Linguistic activities for international youth encounters	Toolkit of Activities and Guide on Intercultural communication	FR, DT	Link
Cooperation games	Toolkit to organize games to have a good group dynamic and motivation on encounters	FR	Link
Methods to facilitate Empowering	Two methods to ease people to empower themselves to say something	FR	Link

Projects, activities & practical actions

Title	Description	Language	Link
GEYC's "Game of Trainers"	Motivational project empowering youth trainers and educators with tools and mindset workshops.	RO / EN	Link
Voluntar în Spitale – Keep Young Volunteers Motivated	A case-study based project with regular reflection, recognition, and peer support.	RO	Link
Motivation in Action" – Erasmus+ Youth Exchange	Participants learned and shared techniques to motivate peers in non-formal settings.	EN	Link
"MotivAction" – European Youth Initiative	Focused on building motivational competencies for team leaders in intercultural projects.	EN	Link



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LITERATURE RESEARCH - TOPIC 9. Motivation strategies

Training programmes for youths

Title	Description	Language	Link
GEYC – “Lead with Impact” Training Course	A program focused on leadership and motivational techniques tailored for youth leaders and NGO coordinators. It includes workshops on intrinsic vs. extrinsic motivation, emotional intelligence, and youth engagement.	EN	Link
Pro Vobis – “Motivarea și Fidelizarea Voluntarilor”	Romania’s national resource center for volunteerism runs regular workshops and training for youth workers on how to recruit, motivate, and retain volunteers.	RO	Link
SALTO Training – “Lead with Heart”	A highly regarded Erasmus+ training course for youth workers and leaders, focusing on personal development, motivation strategies, and emotional resilience.	EN	Link
“Motivation in Action” – Erasmus+ Youth Exchange (Poland)	This exchange focuses on peer-to-peer learning, motivational theory, and participatory action planning for keeping youth engaged.	EN	Link

