



International EUROED



>x> **inex**
association for voluntary activities

New Horizons
for kids, youth and community

PARCOURS
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.Roudel

Collection of handouts, practical materials from the Engage METHODS FOR YOUTH LEADERS

ENGAGE: Empowering Next Generation Advocates for Global Education



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Discrimination or prejudice

Economic inequality

Accessibility challenges

Language or cultural barriers

Policy or visa restrictions

Lack of representation or voice

Discrimination or prejudice
Economic inequality
Accessibility challenges
Language or cultural barriers
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Lack of representation or voice

human
dignity

freedom

democracy

equality

rule of
law

respect for
human
rights

European
Parliament

European
Commission

European
Council

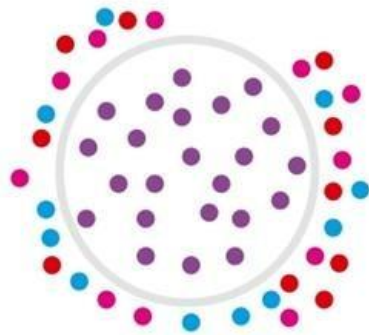
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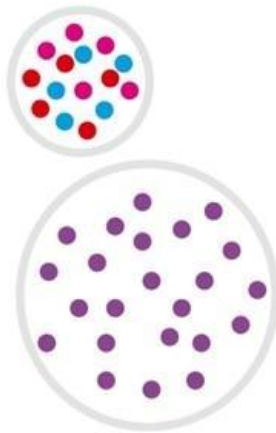
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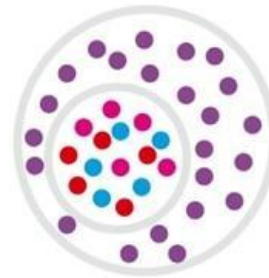
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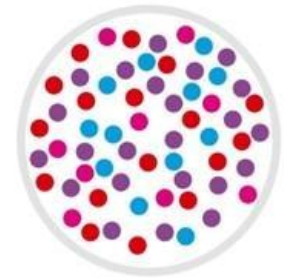
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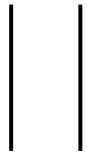
separation



integration



inclusion



S Stop: Pause what you're doing and give your full attention.



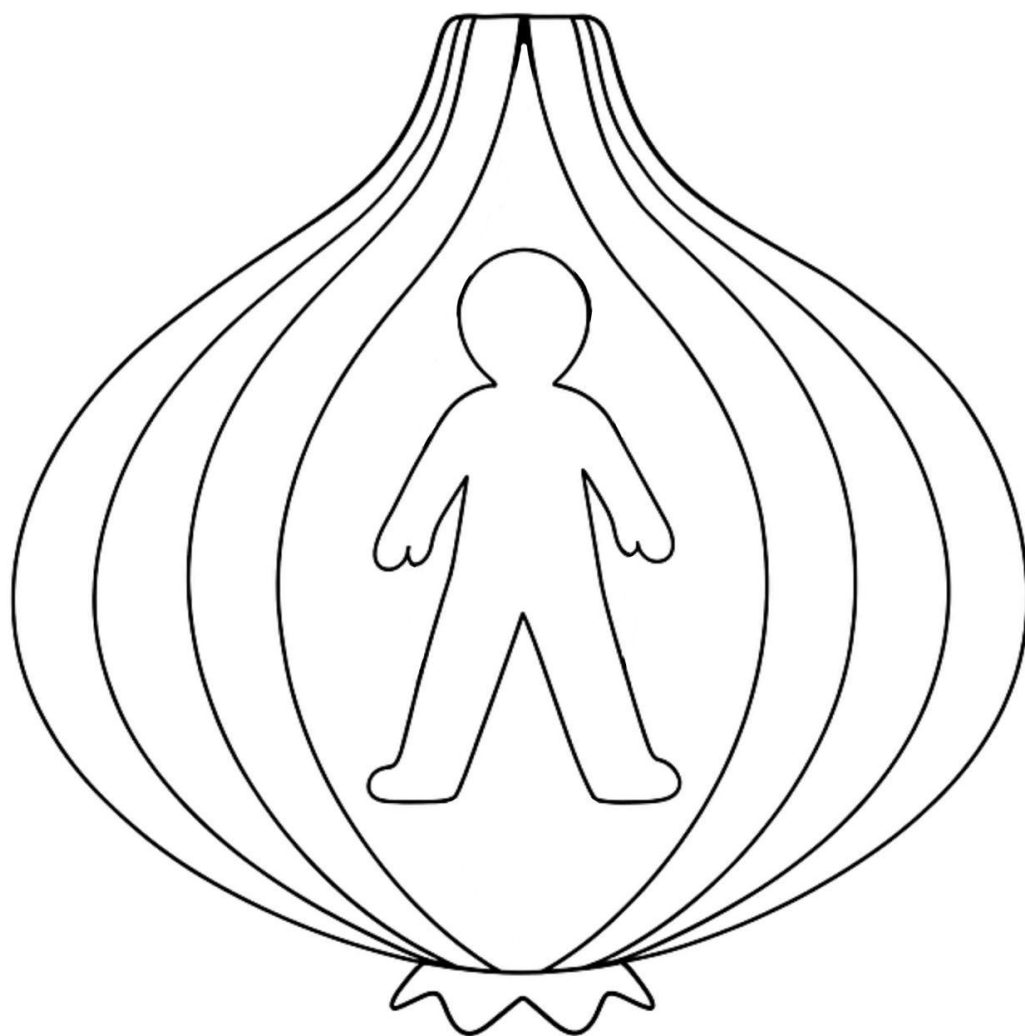
B Breathe: Take a mindful breath to centre yourself.



L Listen: With your whole body: eyes, posture, expressions.



R Respond: Paraphrase what you heard and ask a clarifying question.



A colleague makes a “joke” about someone’s accent.

A teacher consistently misgenders a student.

A friend stays silent when racist comments are made in a group chat.

A wheelchair user is excluded from a social event due to inaccessibility.

A hiring manager says a candidate with a "foreign-sounding" name won't "fit the culture".

A woman's idea in a meeting is ignored, then praised when a male colleague repeats it.

An older employee is automatically excluded from tech training because they're assumed to be incompetent.

A visually impaired coworker is never sent accessible versions of documents.

A student's religious dietary needs are overlooked at a school event.

Someone assumes a same-sex couple are "just friends" when introducing them to others.

A person of color is followed around a store by security.

A fat person is given unsolicited health advice at a social gathering.

Someone shares a meme that mocks a specific ethnicity and others react with laughing emojis.

A person with an invisible disability is accused of faking it when using a priority seat.

A multilingual person is told "you should really work on your accent" by a colleague.

Someone is complimented by being told they're "not like other [group members]".

Storytelling Prompts:

- 1.** Share a tradition from your family or culture that is meaningful to you.
- 2.** Describe a moment when someone made you feel truly heard.
- 3.** Talk about a time you misunderstood someone, and what happened.
- 4.** Describe a cultural experience that surprised or changed your perspective.
- 5.** Share a situation where you felt like an outsider.
- 6.** Describe a cultural habit or custom you first found strange but later came to understand.
- 7.** Talk about a time you and a friend misunderstood each other — and how you solved it.
- 8.** Share a proverb, song, or saying from your culture that carries wisdom.
- 9.** Describe a moment when you were proud of your identity.
- 10.** Talk about a person (family member, teacher, leader) who influenced your worldview.

